

Vegetarian Options

Available lunch & dinner

Hummus Trio appetizer
Lobster Salad-no lobster
Caesar Salad-no dressing (contains eggs)

Caprese Salad-no bacon
Garden Salad

Available at Lunch only

Beyond Veggie Burger
Hummus Wrap

Available at Dinner only

Bucatini Mediterraneo
Shrimp Scampi-No shrimp

Available at Breakfast only

Healthy Start

Vegan Options

Available lunch and dinner

Hummus wrap-no cheddar
Beyond veggie burger
Garden salad with oil/vinegar
Caprese salad-no bacon, no mozzarella

Available at Dinner only

Bucatini Mediterraneo-no cheese
Scampi-no butter, no shrimp
(Dried pasta does not contain eggs)

Salad Dressings

Ranch GF, Vegetarian

Caesar GF, (contains eggs)

Creamy Italian GF, Vegetarian

Blue Cheese GF (contains eggs)

Oil/Vinegar GF, Vegan, Vegetarian

Blood Orange GF, Vegan, Vegetarian

Mandarin Orange Vegan, Vegetarian

Sun-dried Tomato Vinaigrette GF, Vegan, Veg

Pistachio Vinaigrette GF, Vegan, Vegetarian

Wasabi Vinaigrette GF, Vegan, Vegetarian

Balsamic Vinaigrette GF, Vegan, Vegetarian

Basil & Lemon oil GF, Vegan, Vegetarian

Gluten Free Bar

Tito's vodka
Angry Orchard Cider
Omission Pale Ale

Gluten Free Options

Available lunch & dinner

☼ **Wings**-no breading
Hummus-no pita sub ☼ **corn chips**
Calamari sautéed-no breading
Artichoke & Spinach Dip-sub ☼ **corn chips**
Mussels-no bread
Tuna Poke*-no wontons, sub ☼ **corn chips**
Shrimp Cocktail
Grilled Chicken Tenders
Shrimp Scampi-sub GF pasta

Available at dinner only

Caribbean Chicken-no root veg
NY Strip Entrée*
Blackened Ribeye*
Seafood Risotto
Seafood Louis-no wine
Carbonara sub GF pasta
Bucatini Mediterraneo sub GF pasta
Shrimp Scampi sub GF pasta
(GF pasta takes longer to prepare)

Available at Breakfast only

All omelets-no home fries or toast
Breakfast burrito-no wrap, no home fries
Healthy Start-no granola
Bacon, Ham, Sausage, egg

***This item is raw or partially cooked.
Consumption of raw or partially cooked
foods of animal origin may cause food
borne illness.**

☼ **All of our foods are fried in the same
corn & canola oil blend as foods
containing gluten.**

**Please alert your server of any food
allergy you may have.**

