

## Gluten Free Options

### Appetizers

- Vegetarian Chili
- Mussels Chardonnay ~ *no bread*
- Salmon Pizzette ~ *no flatbread*

☀ Potato Skins

☀ Edamame Dumplings

☀ Nachos ~ *cheese or veggie*

☀ Buffalo Wings ~ *no flour*

☀ French Fries

☀ **All of our fried foods have been fried in the same corn/canola blend oil as foods containing gluten.**

### Salads

- Garden Café Salad
- Chicken Caprese Salad
- Grilled Tuna Salad\*
- Spinach Salad ~ *no calamari*
- Caesar Salad ~ *no croutons*

### Lunch Entrees

- Steak & Cheese ~ *no bun*
- Mahi Mahi Sandwich ~ *no bun*
- Reuben Sandwich ~ *no bread*
- Cuban Sandwich ~ *no roll*
- Chicken Philly ~ *no roll*
- Sirloin Burgers\* ~ *no bun*
- Hot or Cold Lobster Roll ~ *no roll*
- Jerk Chicken Sandwich ~ *no bun*

### Dinner Entrees

- Salmon ~ *no couscous*
- Swordfish ~ *no rice*
- Ribeye\* ~ *no onion, no sauce*
- Hot or Cold Lobster Roll ~ *no roll*
- Stacked Italian Chicken ~ *no eggplant, no pilaf*
- Seafood Scampi ~ *substitute rice noodles*

*Alternative sides: vegetables, coleslaw, cottage cheese, side salad*

### Bar

- Tito's Vodka
- Omission Gluten Free Lager
- Angry Orchard Cider

GF Dressings: Honey Mustard, Spicy Thai Vinaigrette, Bleu Cheese, Ranch, Balsamic, Citrus Vinaigrette, Caesar, Warm Bacon Dressing

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\*This item is raw or partially cooked. Consumption of raw or partially cooked foods of animal origin may increase your risk of food borne illness. Consumers who are especially vulnerable to food borne illness should eat foods from animals thoroughly cooked.

Please alert your server of any allergy you may have or modifications you may need.

